

# BENEFITS INFORMATION

## ABA Member Portal

Find useful information about your benefit plan 24 hours a day, seven days a week, through the ABA Member Portal. Find a provider, review your plan documents, view benefits paid, check the status of claims, download a PDF copy of your ID card, print forms and materials, and more, all in one convenient online location.

### MEMBER PORTAL REGISTRATION

To create your user account, complete the following steps:

- 1 Visit [portal.abadmin.com](http://portal.abadmin.com)
- 2 Click on **Register Now**.
- 3 Complete the requested information on the next few pages as it applies to you. You must enter your first and last name, your date of birth, and either your Social Security number or your member ID (exactly as it appears on your ID card).

After creating your account, you will be able to access the Member Portal through the **FREE MyABA mobile application**, which is available for download on the Google Play™ store or the Apple® App Store®.

### UHC PLAN MEMBERS - LOCATE A UHC CHOICE PLUS PPO PROVIDER

- 1 Complete the following steps to find a UHC provider near you:
- 2 Visit <https://www.whyuhc.com/uhss> Under Search for a health care provider, click Find a doctor or facility and select UnitedHealthcare Choice Plus.

### RBP PLAN MEMBERS - LOCATE A PROVIDER

- 1 Complete the following steps to find a PHCS provider near you:
- 2 Visit [www.multiplan.com](http://www.multiplan.com) and select Find a Provider. Click Select Network, PHCS, Practitioner and Ancillary

## HealthJoy

24/7/365 access to unlimited concierge assistance, care navigation, telemedicine, benefits wallet + more. Download the HealthJoy mobile app on iOS and Android.

### ABA CUSTOMER SERVICE OR ELIGIBILITY | 1-866-231-5589.

ABA is available Monday through Friday from 8 a.m. to 6 p.m. Central Standard Time.